

## Nearly Everyone is NACRed!

We believe that there are 344 cardiac rehabilitation programmes in the UK and 256 (74%) have registered with CCAD to use the database. Of these, 239 are uploading some level of data. We also know of another 50 who are in the process of joining or about to start entering data bringing the total to 306 (89%) in or about to join NACR.

## MPs get the message

There is increasing evidence that the Audit and the BHF CR Campaign are beginning to have an effect. In the last 18 months more than 100 questions have been asked in Parliament about CR, in the previous 10 years there were only 10!

## BHF launch Patient Entitlement leaflet for CR

Many people with heart problems do not know about CR or that they have a right to ask for it. The BHF are distributing leaflets explaining this and telling patients how to ask for CR and what they should receive if they do take part. You can get these cards from the BHF website ([http://www.bhf.org.uk/living\\_with\\_a\\_heart\\_condition/recovery/cardiac\\_rehabilitation.aspx](http://www.bhf.org.uk/living_with_a_heart_condition/recovery/cardiac_rehabilitation.aspx)).

## Reports

If you would like some help with an end of year report, please do get in touch. *Veronica* (vm9@york.ac.uk or 01904 321365) is more than happy to put together individual reports. BUT please get request in early, as she gets very busy at the end of March!

## Changes to the Database!

We are very grateful for all the feedback on the database and for the suggestions on how it can be improved. We are pleased to announce that a number of changes will be phased in over the next few months. The first are expected to occur on 1 April. To name a few there will be:

- ▶ Additions to the Initiating Event field to include MI (STEMI), MI (non-STEMI), Primary PCI, Valve Surgery.
- ▶ A revised drugs tab to enable you to record name of drug, dosage and frequency, and to list any other drugs
- ▶ A date of discharge field added
- ▶ New phase boxes so that you can tick and put a date for the start of each phase

**Other changes which will appear in due course are:** Improved discharge reports; Summary reporting on contact history; Archiving of old data before 01/04/06; Improved search facility.

## The Annual Survey

A big THANK YOU to all of you who have returned the annual paper survey or have contacted us about it. If it is still sitting on your desk, it's not too late to return it, so please fill in what you can and send it back. If you have any questions or problems at all, please do get in touch. If you are reading this and wondering why you haven't received it as yet – give us a shout without delay! In the next few weeks, we will send a confirmation of your survey data – please look out for it in the post. It will be your last chance to make any corrections!

**The survey is a vital part of the Annual CR Audit Report and we need to reach everybody involved in CR.**

Your contact for the survey is *Stephanie* (slp505@york.ac.uk or 01904 321359)

## Web Version

A new web version of NACR has been in development over the last year. It had extensive testing and was rolled out nationally. Although some users are happy with it, others have had a number of problems – particularly speed issues. Some sites have found it hard to use because pages have been so slow to load. Sometimes this is because of local IT issues that can be fixed but some centres have gone back to Lotus. Work is continuing and it is getting better as the months pass. At present the web version doesn't do everything you can do with Lotus. Cross referral and importing from third party software are both currently waiting to be added. So if you are thinking of using the web version we'd like you to try it out first to see if it works for you. If not, for now you may be better off using Lotus. If you require further information or clarification about the changes to the database, please contact *Nerina* (neo500@york.ac.uk or 01904 321326).

## ① TRAINING DATES

Tuesday 12th May  
Monday 22nd June  
Tuesday 28th July

Training courses are free of charge. They take place at the University of York and run from 12.00 – 3.30 pm with lunch provided. For further information or to book a place, please contact *Nerina* (01904 321326 or neo500@york.ac.uk)

**THE TRAINING SCHEDULED FOR 24TH MARCH HAS BEEN CANCELLED!**

## FOR ALL THE ENQUIRIES ABOUT THE AUDIT

Phone or email the NACR York Team on 01904 321326 (email: neo500@york.ac.uk)



## NACR contact info:

**Helpdesk:** 01904 321326

**Corinna Petre:** Project Manager  
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Analysis and Publications Manager  
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Statistical Officer  
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## FOR TECHNICAL QUESTIONS ABOUT COMPUTERS AND IT

**CCAD helpline**  
0845 3006016, option 2

## NACR – An Update from Wales

The significant developments in Cardiac Rehabilitation seen over the last 12 months appear to be continuing and gaining an ever increasing momentum, with the “Welsh Campaign”, collaborative of working of the “All Wales Cardiac Rehabilitation Working Group” and activities of the three Regional Welsh Cardiac Networks, each being a key catalyst in this process. The “National Audit of Cardiac Rehabilitation” has served to support this by quantifying the particularly poor availability of Cardiac Rehabilitation Services within Wales. As a result, Cardiac Rehabilitation is currently high on the strategic and political agenda, with Local Health Boards and Trusts coming under increasing pressure from the Welsh Assembly Government to commission Cardiac Rehabilitation Services in-line with the requirements of the “Cardiac Disease National Service Framework for Wales”. On a practical level, in an attempt to provide a more robust and consistent approach within Wales, the “All Wales Cardiac Rehabilitation Working Group” has recently established a “NACR Sub-Group” to support local Cardiac Rehabilitation Teams in their use of the NACR and network closely with the NACR team at York.

*Paul Smith, Chair “All Wales Cardiac Rehabilitation Working Group”*

## Further Information about Training in the Use of the National Database

In addition to training in York, we can also visit sites to provide local training, provided there is a minimum of **15** people able to attend. A number of Cardiac Networks have arranged this for their areas. We ask that the cost of travel (and accommodation, if necessary – although we avoid staying overnight wherever possible) is covered, otherwise the training itself is free. Sites need to organise a suitable training venue, to include facilities for the trainer(s) to demonstrate the database, and computers for the attendees to spend time on the database themselves. We advise that Lotus be loaded for the training, as currently the web version of the database is not fully functional (e.g. Referrals, Importing) – as both versions work in virtually the same way, this will not impact web users at all, and training is suitable for both Lotus and Web users. We are able to schedule one external training session a month (please note that we are currently booked until June 2009). We also offer telephone training for specific problems, and we have the PowerPoint Training CD which was sent with the last edition of the Newsletter. If you are interested in any of the above, please give *Nerina* a call on 01904 321326, or email neo500@york.ac.uk

## ... And a last word

Do we have the correct contact details for your programme? Make sure you check the online register ([www.cardiac-rehabilitation.net/](http://www.cardiac-rehabilitation.net/)) and let the NACR team know about any changes of premises, staff etc. We depend on you!